

# PUB KITCHEN MENU

## Lighter lunch

served between 12 and 3pm

### Ploughmans £12

Mixed salad, chilli and mustard seed pickles, onion, pickled mushroom, tomato chutney and beer bread. With a choice of:

Pork Pie

Blyton (V) A rich creamy cows milk Brie, with wonderful mushroomy notes, using 100% Dorset Cows

Cranborne Blue (V) has an oaty sweetness in the taste with salty spikiness coming from the veining. The rind gives an earthy counter note without overpowering the subtly of the more delicate flavour.

Haystacks Cheddar (V)

**Charred Flatbread** home-pinned flatbread, garlic and herb marinated chicken, sumac and red onion slaw, fresh chilli, tzatziki and Franks mayo £10

**Three Cheese Toastie (V)** Haystacks cheddar, Blue Vinney and Blyton, rich tomato chutney in toasted sourdough £9.5

**Pulled Brisket Wrap** with Applewood cheddar, roasted red peppers and BBQ mayo £9.5

**Falafel Wrap (VG)** with house beans and watercress £8.5

## Flatbreads

Full of flavour, straight from the Wood Fired Kitchen

<b>The Guetta</b> - marinated Harrissa chicken, flat mushrooms, Tzatziki	<b>£13.50</b>
<b>The Beckham V</b> - spinach, pine nut, and goats cheese with Balsamic glaze	<b>£13</b>
<b>The Grohl</b> - low & slow rubbed brisket, BBQ mustard, Applewood cheddar, mozerella and red onions	<b>£14</b>
<b>The Bowie</b> - mortadella, ricotta, fresh tomato and honey drizzle	<b>£14</b>
<b>The Attenborough VG</b> - Sopley & IOW roasted veg, garlic and chilli oil with hummus	<b>£13</b>

## Sharers

(the perfect amount for two or for one if you're very hungry)

### Fish Platter

Whole tail scampi, plaice goujons, tempura prawns, smoked mackerel, mini fish n chips, fish curry, marie rose, tartar and chilli jam £34

**Wings – ½ or 1kg (GF) £12/£19**

**Choose from:**

Franks - Ranch - Jerk - Tandoori - BBQ

## Sides

Pickle Slaw (V)(GF) £4.5

TFC Tenders (GF) with wasabi mayo and Nashville sour cream £6.5

Loaded Fries (GF) with Texan chilli, dirty cheese, Dijon mayo, BBQ, chilli £7.5

Garlic bread (V) £3.95

-with cheese £4.95

Side Salad (VG) (GF) £4.5

Haloumi Fries (V) (GF) with chilli jam £6.75

Spiced Fries (VG) (GF) £4.15

Fries (VG) (GF) £3.95

Cheesy Fries (V) (GF) £4.95

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## Starters

**Polenta Fried Mozzarella Balls (V)** with wasabi & marinara dips £7

**Beer Bread (V)** with Tzatziki, bacon and fig jam and olive tapenade £7.20

**Cajun Shrimp** on garlic bread with marie rose £9.5

**Spinach & Ricotta Tart (V)** with rocket and roasted garlic salad £8

**Lamb Kofta** with Tzatziki, parsley and sumac salad £11

**Oysters** £3 each

## Mains

### The Sunday Roast

served with roasties, cauli cheese, seasonal veg and gravy (only served on Sundays, please ask your server for today's cut) **£19**

### Tripp Chicken Burger

Garlic and herb marinated chicken, beef tomato, onion, American cheese and Nashville sour mayo, served with chips **£16**

### Tripp 1750 v4

8oz steak burger, smoked Applewood cheddar, tomato, little gem, fig & bacon jam and truffle mayo, served with chips **£17.5**

### Super VEGETARIAN Burger (VG)

Charred flat mushroom, falafel, cashew cheese, tomato and hot sauce, served with chips £16

### Fish N Chips (GF)

Battered Haddock, Koffman chips, curry sauce, minted mushy peas and tartar £17.5

### Greek Salad (V)(GF)

Kalamata olives, tomato, onion, Feta, mixed leaf, oregano £14

### Chicken Caesar

Chicken, Little Gem, anchovies, lardons, egg, parmesan and croutons £16

### Goan Fish Curry with a nigella seed flatbread £18

**Mac & Cheese (V)** with parmesan, dirty cheese, mozerella and blue, topped with crispy onion and coffee BBQ with garlic bread and salad £15.5

Macmillan Caring Locally are celebrating 50 years in the Christchurch community. They provide unrivalled care and support for patients and their families in our town. The Tripp are donating £1 for every Mac and Cheese sold this year

## From the grill

**Pork Tomahawk £20**

**Rib Eye Steak £23**

**Corn Fed Chicken Supreme £20**

All served with roast tomato, flat mushroom, watercress and fries

**Add a sauce £3.5**

Red wine jus (GF)(V) - Cracked peppercorn (GF)(V) - Cranborne Blue (GF)(V)

**Low & Slow Rubbed Pork Belly** with pickle slaw, house beans and fries £18

## Desserts

### Banana Split (V) (GF)

Banana, whipped cream, ice cream, cherries, chocolate and caramel sauce and sugar strands £9

### Pimms Mess (V)

Pimms macerated summer fruits, meggy moo's double cream, crushed meringue £8

### Sticky Chocolate Brownie (V)(GF)

With mocha sauce £8.5

### Malt and Honey Cheesecake (V)

With caramelised apple compote £8

**Selection of Ice Cream (V)(GF) £6.50**